

HERE'S WHAT'S HAPPENING THIS MONTH:



PACIFIC EDGE SPORTS ACADEMY

NOVEMBER 2023



THANKSGIVING CLOSURE!

WE WILL BE CLOSED FOR CLASSES WEDNESDAY NOVEMBER 22 - FRIDAY NOVEMBER 24.



VETERANS DAY

CLOSURE!

WE WILL BE CLOSED FOR CLASSES FRIDAY, NOVEMBER 10TH.



# Events

**November Parent Night Out!** DROP YOUR LITTLE MAD SCIENTISTS OFF FOR THE NIGHT TO HAVE SOME TIME TO YOURSELF! THEY WILL ENJOY NOT ONLY GYMNASTICS, BUT ALSO FUN & EDUCATIONAL SCIENCE EXPERIMENTS (SOME OF WHICH YOU CAN SEE BELOW).

Pacific Edge Sports Food Drive



is in partnership with the...



For the month of November we are partnering with the Food Bank of Contra Costa & Solano to collect food donations to feed the hungry during this holiday season of giving.

**Pacific Edge Sports Food Drive**

YOU CAN FIND MOST OF THE INFO ON THESE IMAGES, BUT IF YOU'D LIKE TO DONATE DIRECTLY OR WANT TO READ MORE ABOUT THE ORGANIZATION PLEASE CLICK DIRECTLY ON THE IMAGE WITH THE LINK INDICATOR.

**MAD Science PARENT NIGHT OUT**  
Saturday, November 18th

- Open Gym!
- Baking Soda & Vinegar Experiment!
- Cloud Dough!
- Balloon Rocket!
- Marshmallow & Toothpick Building Challenge!

\$45 per child Ages 3 years & older\*\* 4-8pm

Donation drop offs at our facility will be available from Wednesday, November 1st – Thursday, November 30th.

**What kind of food is needed?**

We recommend donating healthy, nonperishable food that you would like to eat! Here's a list of our most needed items:

- Peanut butter
- Canned tuna and chicken in water
- Shelf stable milk
- Beans and lentils (dry or canned)
- Rice
- Whole grain cereals/crackers
- Whole wheat/grain pasta
- Canned vegetables/soup/tomato products (low sodium and easy open)
- Canned fruit in juice
- 100% fruit juice (cartons or small boxes only)
- Nonperishable, ready-to-eat meals (chili, ravioli, etc.)



Visit these websites for more information or see our fliers around the gym:

foodbankccs.org/fooddrive  
www.pacificedgesports.com/community-outreach

# New Classes!

## Preschool Classes

- Cruisers - Mondays @ 6:45pm - Ages 3-3 years 11 months - Coach Zoe
- Little/Junior Cheer - Wednesdays @ 6:15pm - Ages 4-5 years & 11 months - Coach Liz
- Mini Urban Ninja - Saturdays @ 12pm - Ages 3-3 years 11 months - Coach Zoe

## School-Aged Classes (6 years-17 years 11 months)

- Mighty Urban Ninja - Fridays @ 3:55pm - Coach Junior
- Ultra Urban Ninja (invite only) - Fridays @ 5pm - Coach Junior
- Intro 1 - Saturdays @ 12:10pm - Coach Kourtney
- Intro 2 - Saturdays @ 12:30pm - Coach Faith

# Star Weeks!

NOVEMBER 13TH-NOVEMBER 25TH



**6+ YEAR OLDS MOVE UP CEREMONIES**

**DECEMBER 16TH**

**GIRLS GYMNASTICS: 4-5:30PM**

**BOYS GYMNASTICS &**

**URBAN NINJAS: 6-7PM**

Curious what Star Weeks are? Curious what a Move Up Ceremony is? Find the answer [here](#) or by clicking on the stars!

## Pacific Edge Staff Shout Outs!

### Employee of the Month!



We would like to congratulate coach Kendall our new staff of the month!! Some things that make Kendall so special is her always willing to go above and beyond coming up with great ideas to help us bond and become a stronger team all together, along with her funny and sarcastic sense of humor that just all together makes working with her a productive and great time. Happy Staff of the Month Kendall!

### Happy Birthday!

- Birthdays
  - Coach Ryan

## Pac Edge Updates!

### Expansion Expansion! Read all about it!

A picture is worth a thousand words isn't it?



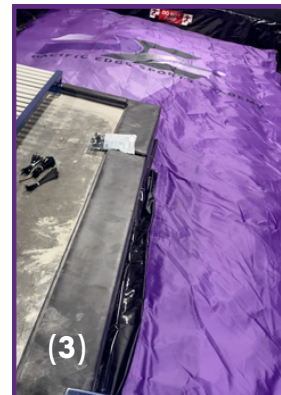
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**(1) Retail Revamp:** Not only do we have new products (hot dogs!), but we revamped our entire retail space for all of our customers to have the best experience they can with us!

**(2) Enrollments Desk:** An Enrollments Specialist will be stationed here to help new families get signed up & walk them through their first day.

**(3) Airbag Pit:** Now up & ready for use in our 6+ years old Rec & Competitive classes.

**(4) Kids Corner:** Newly located closer to our parent seating & with a view of both floors!

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Many of the pictures in this newsletter are clickable links! Anywhere you see this symbol, should be somewhere that allows you to click on it.

